

# Warwick Weekly

Sunday, January 12, 2025  
First Sunday After Epiphany

CALLED TO MAKE DISCIPLES OF JESUS CHRIST FOR THE TRANSFORMATION OF THE WORLD

Warwick Memorial United Methodist Church | 38 Hoopes Rd. | Newport news, VA 23602 | [www.wmumc.org](http://www.wmumc.org) | 757-877-2270

## This Week At A Glance

### January 12 - Today

9:00 PM Worship - Contemporary (CC)  
10:15 AM Sunday School Classes  
11:15 AM Worship - Traditional (Sanctuary)  
11:30 AM Denbigh Christian (CC)  
2:30 PM Elks Hoop Shoot (CC)  
6:00 PM Children & Youth Ministries  
8:00 PM AA Mtg (Rm 20)

### Monday, January 13\*

9:00 AM Meals on Monday Prep (FH)  
9:00 AM AARP Training (FH)  
12:00 PM Meals on Monday Serve (FH)  
2:00 PM Mary Freeman Circle (FH)  
6:00 PM Upward Practice (CC)  
7:30 PM Choir Practice

### Tuesday, January 14\*

9:30 AM Shekinah Prayer Time (Sanctuary)  
12:00 PM AARP Training (FH)  
1:00 PM Staff Meeting (library)  
5:00 PM Upward Practice (CC)  
7:00 PM Evangelism Meeting (Rm 21)

### Wednesday, January 15\*

9:00 AM AARP Training (FH)  
10:30 AM NO Bible Study  
6:00 PM Dinner Church (FH)  
6:00 PM Pickleball (CC)

### Thursday, January 16\*

12:00 PM AARP Training (FH)  
12:30 PM Senior Fellowship Book Club  
6:00 PM Cub Scouts (Rm 27/28)  
6:00 PM Upward Practice (CC)

### Friday, January 17\*

12:00 PM AARP Training (FH)  
6:00 PM Pickleball (CC)

### Saturday, January 18

8:00 AM Upward Game Day

\* Meals on Wheels Pick Up Location

For event and room reservations please email Rodney Wise at [facility.manager@wmumc.org](mailto:facility.manager@wmumc.org) to receive a Facility Use Agreement

## This week's message will be based on Psalm 119:1-32 Week 1: Spiritual Gifts: Meditation

This week we are beginning a new worship series on spiritual disciplines. We begin with a practice that is more often associated with Eastern religions than it is with Christianity. However, Christian meditation has a much different spiritual premise and goals than Hindu or Buddhist meditative practices. Join us as we explore how meditation in the Christian tradition allows us to lay a spiritual foundation on which to build a relationship with God and trains us to see how God works in the most simple and mundane things.

## Pickleball Update

Due to the Upward practice schedule and game season, Pickleball schedule will be a little different through the end of February. We are scheduled to play on Wednesday and Friday nights from 6:00PM to 8:00PM. You can check the church calendar on our website at [www.wmumc.org](http://www.wmumc.org) for updates or follow this link: <https://wmumc.org/calendar/>



## Senior Book Club

Next Senior Fellowship Book Club will meet this Thursday, January 16<sup>th</sup> at 12:30 PM. Meeting Location is at Craft 60 Taphouse and Grill, 14346 Warwick Blvd. The book they are reading is "A Paris Apartment" by Michelle Gable. Please RSVP to Linda Brooks at 757-880-4622.



## Come and Be Social With Us . . .



Instagram



TikTok



Facebook





### Sunday School Classes

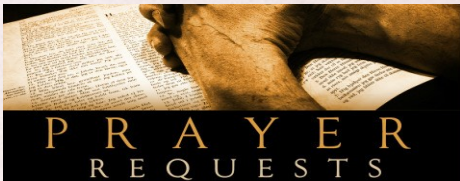
All classes begin by 10:15am.

To find out more about a class you would like to attend, feel free to ask one of our greeters or pastors as you exit the service.



### Wednesday Morning Bible Study

10:30am in Room 20. All are welcome, just bring your Bible. Not meeting on January 15th and 29th.



Please pray for those at home, in the hospital or care facility: Ruth Ritenour (Mennowood) \*Betty Palmer (Hidenwood) \* Frances Topping (Mennowood) \* Nancy Setty \* Norma Coleman \* Anne Corliss \* Marvin & Pat Hill (Barbara Amaker’s brother and sister-in-law) \* Katie Tanner-Barker \* Jeff Cox \* Vince & Marion Bonacci \* Wilma Miller (Sheri Vann’s mother) \* Chuck and Cynthia Nothstine \* Barbara Freund \* Bea Hoal \* Lorie & Cheryl Pruitt \* Cindy & Doug (Beth Stabnow’s friends) \* Megan (Christine Dimock’s granddaughter) \* Ken Marcuson \* Lori McCormick \* Lonnie Frye, Sr. (Mary Ann’s brother) \* Carol DeGreen (Mary Ann Hoye’s relative) \* Mark Crockett (Cheryl Pruitt’s cousin) \* Kevin Moorehead \* Will Davis (Josie Cole’s Brother) \* Ann Pulsifer (Amanda Blake’s Mother-in-Law) \* Kelly Flick \* Sam Fenner (Joy Robinon’s brother) \* Page Williams \* Trish Ployd \* Valerie Herman \* Paul Cummings \* Alvia Lewis (the passing of her mother, Delores) \* Comer family (passing of Ralph Comer) and all those who are grieving or sick - God knows!

**Deployed Armed Forces:** Laura Lomas, Lance Szesny (South Carolina, Coast Guard).

### Attendance Numbers (1/5)

9:00 AM in-person: 69  
Online Weekly Views: 168  
11:15 AM in-person: 59  
Online Weekly Views: 109  
Sunday School: 55  
Dinner Church 1/8/25: 44



Our Children’s Fellowship and Youth Fellowship meetings resume today, January 12th. A fun and exciting ministry time is planned for Sunday evenings. You are invited to come and help with the faith journey of our children and youth.

\* **Children’s Fellowship** - the “M&M’s” - is open to students K to 5<sup>th</sup> grade.

\* **Youth Fellowship** is open to students in 6<sup>th</sup> – 12<sup>th</sup> grade.

Both groups meet on Sunday evenings, 6 – 7:30 PM.

Feel free to reach out to leaders for more information:

Children’s Ministry: Sharon Ellis 757-478-5020 or email [cutygrgal@cox.net](mailto:cutygrgal@cox.net)

Youth Ministry: Kerry Blazek 757-310-9891 or email [kerryblazek@gmail.com](mailto:kerryblazek@gmail.com)

### Free Lunch and Dinner - Join us!

#### Meals on Monday

\* Free Lunch available for local community friends on Mondays between 12 noon and 1:00PM. Pick up from Fellowship Hall side of building. Many hands make light work! Reach out to Linda Brooks at 757-880-4622 to see how you can help this ministry.

#### Dinner Church

\* Everyone (church members and community friends) is welcome to dinner on Wednesday nights at 6pm - you can use the invite cards that are around the church or our Facebook event page to encourage friends and family to attend. We have food, fun, music and fellowship with worship. Reach out to Tim Claus at 757-570-4532 to see how you can help this ministry. Remember - something good happens every week - come and see for yourself.

### Thank You Note

Please express our many thanks for the prayers and well wishes at Nancy’s passing. Those who braved the weather to express in person, a special Gold Star. A special thanks those who visited our home after the service. The food and conversations were a blessing to all. Thank you, Paul Cummings



**Senior Pastor:** Rev. Sarah Wastella [PastorSarah@wmumc.org](mailto:PastorSarah@wmumc.org)  
757-234-8952 (direct office line)

**Associate Pastor:** Rev. Sean Gray [PastorSean@wmumc.org](mailto:PastorSean@wmumc.org)  
757-234-8962 (direct office line)